

Ms. Hendrix

Educational Diagnostician



My favorite Mister Rogers quote:

"If you could only sense how important you are to the lives of those you meet; how important you can be to the people you may never even dream of. There is something of yourself that you leave at every meeting with another person."

Something I do that makes me feel happy:

Spend time with friends and family.

Take my dogs on a walk.

Something I do when I feel sad or afraid:

*I might journal or do some yoga.
Watching funny videos on YouTube
always helps me feel better too.
Laughter is the best medicine.*

Some of my favorite things include:

*Puppies (really all animals)
Yoga
Reading
Shopping
Netflix
Diet Coke
Chocolate*

Let's make the most of this

BEAUTIFUL
day!
FRED ROGERS

Mrs. Runyon

L.S.S.P.



My favorite Mister Rogers quote:

“Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood.”

Something I do that makes me feel happy:

I love to read books while I exercise at the gym. Fiction is my favorite!

Something I do when I feel sad or afraid:

I talk to a family member when I feel sad or afraid. Connecting with others makes me feel stronger.

Some of my favorite things include:

*Red Vines
Cherry Limeade
Pretzels
Reading
Target*

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Ms. Evans

Speech Teacher



My favorite Mister Rogers quote:

"We speak with more than our mouths. We listen with more than our ears."

Something I do that makes me feel happy:

Spending time with family and friends

Reading a good book

Going for a drive

Something I do when I feel sad or afraid:

Talk to my mom

Watch a funny movie or show

Cook a delicious meal

Some of my favorite things include:

*Target
Nail polish
My dog
Coffee
Netflix
Books
Spicy snacks*

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Mrs. Huerta

Inclusion Specialist



My favorite Mister Rogers quote:

"As different as we are from one another, as unique as each one of us is, we are much more the same than we are different. That may be the most essential message of all, as we help our children grow toward being caring, compassionate, and charitable adults"

Something I do that makes me feel happy:

Going on adventures, near or far, with my family makes me very happy.

Something I do when I feel sad or afraid:

When I feel sad or afraid, I call my sister. She always helps me feel better.

Some of my favorite things include:

*Baking with my kiddos
Christmas
Road trips
Music
Movie Night with the family
Laughing*

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Mr. Talladino

Inclusion Specialist



My favorite Mister Rogers quote:

"It's not the honors and the prizes and the fancy outsides of life that ultimately nourish our souls. It's the knowing that we can be trusted, that we never have to fear the truth, that the bedrock of our very being is firm."

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Something I do that makes me feel happy:

- I love to play "hulk-smash" or "dinosaur-smash" with my 2 year-old boy, 3 year-old daughter, and 3 year-old foster daughter after we eat dinner together.

Something I do when I feel sad or afraid:

- When I feel sad or afraid, I remind myself that life happens in seasons. In the fall and winter, things may feel chilly, but my "roots" are getting stronger. In the spring and summer, everything grows and creates more life and beauty. I become grateful for all of the beautiful things that always grow out of life's "dirt" and difficulties.

Some of my favorite things include:

- Teaching & investing in others
- Hiking in the mountains with my family
- Yummy meals with my family
- Reading a good book
- Bringing love, hope, & healing to as many people as possible.
- Quiet times of gratitude.

Mrs. Clifton

Inclusion Specialist



My favorite Mister Rogers quote:

"Knowing that we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people" -Mr. Rogers

Something I do that makes me feel happy:

- Spending time with my family
- Playing with my girls
- Being outside

Something I do when I feel sad or afraid:

- Talk with my mom or closest friends
- Go to the gym and workout

Some of my favorite things include:

- Starbucks
- Chocolate covered gummy bears
- target
- Unsweet ice tea
- Cows

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Ms. Carter

Inclusion Support



My favorite Mister Rogers quote:

"Some days, doing 'the best we can' may still fall short of what we would like to be able to do, but life isn't perfect on any front-and doing what we can with what we have is the most we should expect of ourselves or anyone else."

Something I do that makes me feel happy:

- Spending time with my partner
- Playing with my cat, Zelda
- Playing video games
- Dancing
- Crafting

Something I do when I feel sad or afraid:

- Talk with a family member or a friend
- Pet my cat
- Listen to music
- Play a game

Some of my favorite things include:

- Video games
- Cosplay
- Dr. Pepper
- Art

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Mr. Gray

Inclusion Support

Picture will be
added here by
office staff

My favorite Mister Rogers quote:

*"One of the greatest gift you
can give anybody is the gift of
your honest self."*

Something I do that makes me feel happy:

- Spending time outdoors
- Reading
- Listening to music
- Playing video games
- Playing with my dog

Something I do when I feel sad or afraid:

- Cook good food
- Pet my dog
- Take a nap
- Talk to friends

Some of my favorite things include:

- My pets
- My family
- Video games
- The outdoors

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